

Ladies' Choice  
May 8, 2022

Entry List  
updated 5/7/2022

<b>Last Name</b>	<b>First Name</b>	<b>bib</b>	<b>Category</b>	<b>City</b>	<b>State</b>
Barlow	Nancy	129	Aquabike	Churchville	VA
Bauserman	Rebecca	151	40-44	Stephenson	VA
Bradley	Louise	111	Relay		
Bradley	Susan	124	60-64	Potomac Falls	VA
Bratich	Ashley	163	Duathlon	Arlington	VA
Briggs	Kathleen	108	Aquabike	Haymarket	VA
Brodsky	Julia	117	40-44	Gainesville	VA
Byrne	Cheryl	137	Aquathlon	Manassas	VA
Caragine	Crystal	109	25-29	Saint Louis	MO
Carmody	Carolyn	134	55-59	Arlington	VA
Chaney	Ann Marie	119	Aquabike	Bristow	VA
Coss	Erica	169	Aquathlon	McLean	VA
Diaz	Zelphanie	146	35-39	Fredericksbrg	VA
Dukes	Lauren	136	30-34	Harrington	DE
Earnhart	Mary	118	30-34	Arlington	VA
Eastman	Sailor	101	16-19	Arlington	VA
Ebrish	Mona	166	Duathlon	Alexandria	VA
Esquibel	Pearl	154	60-64	Fredericksbrg	VA
Ferrara	Joan	111	Relay	Poolesville	MD
Foley	Siena	107	12-Oct		
Foley	Sydney	102	12-Oct		
Friis	Suzanne	139	65-69	Brookeville	MD
Gerhardt	Julia	123	35-39	Washington	DC
Gilbert	Marissa	161	Duathlon	Herndon	VA
Goldberg	Marci	112	35-39	Silver Spring	MD
Greene	Samantha	116	30-34	Sterling	VA
Gunter	Naomi	138	40-44	Silver Spring	MD
Gwafila	August	150	40-44	Vienna	VA
Hickie	Elia	126	40-44	Washington	DC
Holmes	Trish	145	55-59	Centreville	VA
Hood	Allison	162	Duathlon	Vienna	VA
Keough	Erika	165	Duathlon	Mclean	VA
Kinney	Lisa	133	45-49	Bristow	VA
Krauss	Margot	114	65-69	Kensington	MD
Kurbatova	Victoria	157	Aquathlon	Fairfax	VA
Lau	Justine	147	Aquabike	Mclean	VA
Lorenc	Erin	143	40-44	Centreville	VA
Lose	Kahla	104	35-39	Round hill	VA
Lough	Jessica	103	35-39	Fairfax	VA
Martin	Jessica	142	25-29	Bensalem	PA
Martin	Jill	130	60-64	Falls Church	VA
Martin	Yvonne	160	Duathlon		
Matack	Lauren	106	Aquabike	Arlington	VA

\*Race Age is age on 12/31/2022

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Mccafferty	Melissa	113	30-34	Washington	DC
Miller	Ashley	105	40-44	Round Hill	VA
Miller	Jennifer	155	45-49	Fairfax Sta	VA
Ngo	Teri	125	45-49	Ashburn	VA
Olsen	Kristine	127	25-29	Arlington	VA
Orr	Jennifer	131	45-49	Springfield	VA
Prendergast	Lori	115	Aquabike	Fairfax	VA
Raabe	Monica	111	Relay		
Rodgers	Laurel	132	40-44	Winchester	VA
Russell	Kara	159	Duathlon	Stafford	VA
Santangelo	Lauren	128	45-49	Alexandria	VA
Sawyers	Tracy	153	40-44	Clifton	VA
Smith	Erin	168	35-39	Ft Washington	MD
Starbuck	Amanda	122	35-39	Arlington	VA
Stewart	Catherine	148	40-44	Centreville	VA
Stone	Lane	141	65-69	Alexandria	VA
Stroiney	Debra	121	40-44	Fairfax	VA
Sundaresan	Malathi	144	40-44	Martinsburg	WV
Tobias	Joyce	156	Aquabike		
Tuttle	Maria	120	40-44	Bolling AFB	DC
Velilla	Loida	158	75-79	Falls Church	VA
Verderame	Kristen	167	Duathlon	Mclean	VA
Williams	Alex	135	16-19	Haymarket	VA
Williams	Melissa	149	55-59	Haymarket	VA
Wilson	Kristine	164	Duathlon	Leesburg	VA
Woodward	Nancy	140	65-69	Reston	VA
Young	Karen	110	50-54	Boyds	MD
Zittle	Adessa	152	13-15	Stephenson	VA

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