

SUMMER SUPER SPRINT
Manassas, VA
August 13, 2006

Bike Split includes transitions
Finish time includes penalties

RESULTS By
AGE GROUP

Place in Division	First Name	Last Name	Swim Place	Swim Split	Bike Place	Bike Split	Run Place	Run Split	Overall Place	Finish Time	Sex	AGE GROUP	Awards
1/7	Maggie	Phillips	69	6:55	155	33:16:00	187	18:01	146	58:11:00	F	10-12	1st
2/7	Julia	Fraser	191	9:04					153	58:50:00	F	10-12	2nd
3/7	Olivia	Lopez	161	8:21	222	37:02:00	174	17:26	209	1:02:48	F	10-12	3rd
4/7	Ryan	Murphy	41	6:11	237	37:43:00	260	21:34	233	1:05:27	F	10-12	
5/7	Meghan	Dalbec	127	7:48	279	43:42:00	216	19:01	261	1:10:31	F	10-12	
6/7	Kelly	Cournoyer	265	11:02	292	52:52:00	228	19:37	298	1:23:30	F	10-12	
7/7	Kelly	Quinn	290	12:31	286	49:59:00	280	23:47	301	1:26:16	F	10-12	
1/1	Lucy	Tamberrino	11	5:23	134	32:23:00	209	18:35	124	56:20:00	F	13-15	1st
1/6	Jennifer	Garrott	83	7:09	94	30:45:00	123	16:00	88	53:53:00	F	16-19	1st
2/6	Julie	Fry	78	7:05	140	32:34:00	52	14:26	92	54:04:00	F	16-19	2nd
3/6	Lauren	Zell	71	6:56	196	35:16:00	66	14:42	130	56:53:00	F	16-19	3rd
4/6	Jade	Zaharoff	72	6:57	200	35:21:00	64	14:38	131	56:55:00	F	16-19	
5/6	Georgina	Rackham	67	6:48	191	35:03:00	134	16:14	143	58:04:00	F	16-19	
6/6	Shanna	Hoar	122	7:43	252	39:01:00	145	16:30	214	1:03:13	F	16-19	
1/15	Erika	Nortemann	141	8:02	79	30:12:00	45	14:16	68	52:29:00	F	20-24	1st
2/15	Cynthia-Katherine	Calhoun	49	6:21	132	32:19:00	96	15:23	90	54:02:00	F	20-24	2nd
3/15	Leighton	Thomas	248	10:18	54	28:43:00	76	15:02	91	54:03:00	F	20-24	3rd
4/15	Kelly	McCombie	43	6:15	189	34:51:00	71	14:52	114	55:57:00	F	20-24	
5/15	Rachel	Coolong	89	7:13	167	33:43:00	94	15:22	122	56:17:00	F	20-24	
6/15	Adrienne	EGge	107	7:28	159	33:27:00	107	15:38	127	56:32:00	F	20-24	
7/15	Taylor	Wood	296	12:56	68	29:39:00	92	15:18	140	57:52:00	F	20-24	
8/15	April	Irwin	294	12:47	130	32:19:00	109	15:43	179	1:00:48	F	20-24	
9/15	Lauren	Hunt	86	7:12	194	35:09:00	233	19:49	197	1:02:09	F	20-24	
10/15	Leigh	Reddish	235	10:03	3	23:12	295	:33:01	237	1:06:15	F	20-24	
11/15	Danielle	Carter	217	9:43	244	38:13:00	238	20:13	247	1:08:08	F	20-24	
12/15	Rosie	Hill	218	9:45	274	42:44:00	139	16:20	252	1:08:48	F	20-24	
13/15	Rebecca	Stewart	51	6:27	242	38:10:00	288	:26:17	262	1:10:53	F	20-24	
14/15	Jennifer	Litsas	202	9:17	271	41:28:00	265	21:52	273	1:12:36	F	20-24	
15/15	Denise	Tamberrino	97	7:21	284	47:25:00	257	21:17	285	1:16:02	F	20-24	
1/24	Annette	Biggs	3	4:58	10	24:32:00	15	12:22	3	41:51:00	F	25-29	1 overall
2/24	Bevin	Keen	21	5:40	16	25:59:00	21	13:00	12	44:38:00	F	25-29	2 overall
3/24	Sarah	Steen-Holcomb	12	5:24	59	29:02:00	34	13:55	32	48:20:00	F	25-29	3 overall
4/24	Amy	Button	47	6:20	77	30:09:00	103	15:27	62	51:55:00	F	25-29	1st
5/24	Tori	Steen	24	5:48	82	30:18:00	146	16:31	69	52:36:00	F	25-29	2nd
6/24	Jana	Poscharsky	99	7:21	106	31:04:00	150	16:35	100	54:59:00	F	25-29	3rd
7/24	Alison	Marian	138	7:59	150	33:03:00	119	15:56	132	56:57:00	F	25-29	
8/24	Rona	Kilmer	159	8:19	124	32:08:00	153	16:37	135	57:03:00	F	25-29	
9/24	Kristin	Wedemeyer	62	6:42	114	31:43:00	220	19:15	138	57:39:00	F	25-29	
10/24	Monica	Hundt	215	9:40	119	32:00:00	127	16:05	139	57:44:00	F	25-29	
11/24	Tracy	Chandler	82	7:07	178	34:26:00	159	16:46	148	58:18:00	F	25-29	
12/24	Nicole	Schnarre	282	12:02	72	29:51:00	154	16:37	151	58:29:00	F	25-29	
13/24	Rebecca	McGeary	27	5:54	201	35:35:00	181	17:42	158	59:10:00	F	25-29	
14/24	Liana	Charland	76	7:04	207	36:02:00	147	16:33	166	59:38:00	F	25-29	
15/24	Meredith	Russell	175	8:42	175	34:18:00	218	19:10	196	1:02:09	F	25-29	
16/24	Mallory	McQuaig	241	10:09	182	34:37:00	211	18:45	215	1:03:30	F	25-29	
17/24	Esther	Hill	270	11:16	258	39:50:00	137	16:19	244	1:07:24	F	25-29	
18/24	Kristin	Saintomas	204	9:20	220	36:52:00	281	:24:10	260	1:10:21	F	25-29	
19/24	Cass	Chisholm	230	9:58	226	37:23:00	286	:25:41	276	1:13:01	F	25-29	
20/24	April	King	224	9:53	280	43:59:00	223	19:20	277	1:13:11	F	25-29	
21/24	Jennifer	Deroy	221	9:51	243	38:11:00	285	:25:29	280	1:13:30	F	25-29	
22/24	Pamela	Sloan	288	12:28					294	1:20:11	F	25-29	
23/24	Christi	Hicks	209	9:29	294	53:53:00	253	21:08	299	1:24:29	F	25-29	
	Jana	Slesingerova	154	8:13					DQ	DQ	F	25-29	

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Place in Division	First Name	Last Name	Swim Place	Swim Split	Bike Place	Bike Split	Run Place	Run Split	Overall Place	Finish Time	Sex	AGE GROUP	Awards
1/29	Dipika	Mara	17	5:29	85	30:28:00	50	14:23	47	50:19:00	F	30-34	1st
2/1	Nicole	Hopkins	59	6:39	93	30:45:00	68	14:44	65	52:07:00	F	30-34	2nd
3/29	Sonja	Weisel-Jones	117	7:36	100	30:55:00	53	14:26	77	52:56:00	F	30-34	3rd
4/29	Debra	Brosnihan	66	6:47	152	33:10:00	33	13:48	86	53:44:00	F	30-34	
5/29	Tracey	Shea	219	9:46	87	30:37:00	42	14:13	95	54:36:00	F	30-34	
6/29	Mila	Weiss	74	7:03	63	29:16:00	225	19:31	111	55:49:00	F	30-34	
7/29	Jennifer	Robinette	32	6:01	198	35:20:00	183	17:44	156	59:04:00	F	30-34	
8/29	Melissa	Gibson	233	10:02	165	33:42:00	110	15:46	162	59:29:00	F	30-34	
9/29	Mona	Carey	257	10:36	161	33:39:00	100	15:26	167	59:40:00	F	30-34	
10/29	Allison	Mitchell	174	8:40	215	36:31:00	142	16:26	189	1:01:36	F	30-34	
11/29	Carol	Rice	201	9:14	205	35:58:00	149	16:33	192	1:01:44	F	30-34	
12/29	Therese	Griffin	242	10:09	195	35:11:00	167	17:09	201	1:02:28	F	30-34	
13/29	Pamela	Chism	232	10:02	197	35:19:00	180	17:40	212	1:03:00	F	30-34	
14/29	Martha	Gibson	120	7:40	185	34:44:00	254	21:08	216	1:03:31	F	30-34	
15/29	Catherine	Craig	193	9:09	238	37:44:00	184	17:49	224	1:04:41	F	30-34	
16/29	Andrea	Redondo	181	8:51	224	37:12:00	212	18:51	227	1:04:53	F	30-34	
17/29	Karen	Willard	88	7:12	255	39:22:00	202	18:22	228	1:04:55	F	30-34	
18/29	Kristen	Day	57	6:36	236	37:41:00	250	20:44	229	1:05:00	F	30-34	
19/29	Kari	Cassedy	167	8:34	231	37:32:00	236	20:01	235	1:06:06	F	30-34	
20/29	Mary Peyton	Miller	64	6:45	253	39:01:00	252	21:04	239	1:06:49	F	30-34	
21/29	Sarah	Wagner	170	8:36	250	38:52:00	230	19:39	242	1:07:06	F	30-34	
22/29	Annette	Rebellato	100	7:22	256	39:22:00	268	21:59	251	1:08:42	F	30-34	
23/29	Grace	Bazata	273	11:25	225	37:15:00	249	20:44	254	1:09:23	F	30-34	
24/29	Karen	Alexander	266	11:06	213	36:24:00	279	23:45	265	1:11:14	F	30-34	
25/29	Kristen	Suthers	298	13:12	260	39:57:00	215	18:59	270	1:12:07	F	30-34	
26/29	Jenn	Erne	222	9:52	265	40:57:00	266	21:52	274	1:12:40	F	30-34	
27/29	Joanna	Valdes	223	9:52	262	40:36:00	283	:24:37	283	1:15:04	F	30-34	
28/29	Elizabeth	Hogan	129	7:49	290	52:16:00	197	18:17	291	1:18:21	F	30-34	
29/29	Dawn	Wolters	299	13:22	285	47:49:00	289	:26:27	303	1:27:37	F	30-34	
1/27	Sarah	Boyd	145	8:06	74	29:58:00	93	15:19	83	53:22:00	F	35-39	1st
2/27	Paula	Swanson	153	8:13	110	31:29:00	99	15:24	104	55:05:00	F	35-39	2nd
3/27	Dawn	Lopez	126	7:48	81	30:15:00	198	18:17	123	56:19:00	F	35-39	3rd
4/27	Laurelyn	Rawson	19	5:32	184	34:43:00	161	16:55	136	57:09:00	F	35-39	
5/27	Stephanie	Brinley	133	7:53	168	33:49:00	132	16:13	141	57:54:00	F	35-39	
6/27	Lisa	Mack	75	7:03	137	32:32:00	213	18:53	149	58:27:00	F	35-39	
7/27	Nancy	Forcey	236	10:04	123	32:06:00	173	17:25	163	59:34:00	F	35-39	
8/27	Karin	Kuopas	128	7:49	101	30:56:00	251	20:52	164	59:36:00	F	35-39	
9/27	Janice	Huwe	96	7:20	148	32:59:00	226	19:31	168	59:50:00	F	35-39	
10/27	Alisa	Key	185	8:54	221	37:02:00	61	14:33	174	1:00:28	F	35-39	
11/27	Alison	Hall	231	10:01	177	34:23:00	144	16:29	180	1:00:52	F	35-39	
12/27	Ro	Hochkammer	139	8:00	187	34:47:00	199	18:18	182	1:01:04	F	35-39	
13/27	Julie	Brown	155	8:15	211	36:16:00	160	16:51	183	1:01:21	F	35-39	
14/27	Susan	Fuller	121	7:43	169	33:51:00	234	19:51	185	1:01:24	F	35-39	
15/27	Michelle	Brennan	109	7:31	172	34:07:00	241	20:16	193	1:01:53	F	35-39	
16/27	Michelle	Doyle	196	9:11	180	34:35:00	194	18:11	195	1:01:56	F	35-39	
17/27	Mary	Van Patten	112	7:32	171	34:01:00	256	21:14	207	1:02:46	F	35-39	
18/27	Marcy	Lyle	261	10:48	206	35:59:00	177	17:32	220	1:04:18	F	35-39	
19/27	Anne	Hollis	250	10:23	210	36:12:00	188	18:03	222	1:04:37	F	35-39	
20/27	Maria	Trochan	287	12:24	166	33:43:00	210	18:37	225	1:04:43	F	35-39	
21/27	Patty	Bohnenberger	244	10:12	223	37:10:00	175	17:26	226	1:04:47	F	35-39	
22/27	Erin	Bowald	194	9:10	216	36:32:00	255	21:13	241	1:06:54	F	35-39	
23/27	Kerrie	Garlepp	247	10:18	230	37:30:00	224	19:21	243	1:07:08	F	35-39	
24/27	Marnie	Glaebberman	249	10:19	277	43:27:00	171	17:21	264	1:11:06	F	35-39	
25/27	Lisa Wallenda	Picard	275	11:32	254	39:07:00	263	21:50	272	1:12:28	F	35-39	
26/27	Joyce	McCarthy	278	11:43	235	37:41:00	276	23:18	275	1:12:41	F	35-39	
27/27	Barbara	Miller	199	9:13	266	40:59:00	292	:28:40	292	1:18:52	F	35-39	
1/17	DeeAnn	Perkuchin	84	7:10	92	30:44:00	51	14:25	67	52:18:00	F	40-44	1st

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Place in Division	First Name	Last Name	Swim Place	Swim Split	Bike Place	Bike Split	Run Place	Run Split	Overall Place	Finish Time	Sex	AGE GROUP	Awards
2/17	Christie	Krouse	198	9:13	133	32:21:00	98	15:24	133	56:57:00	F	40-44	2nd
3/17	Miriam	Friedman	150	8:12					155	58:57:00	F	40-44	3rd
4/17	Karen	Elliott	178	8:44	120	32:01:00	217	19:06	169	59:51:00	F	40-44	
5/17	Diana	Preston	168	8:34	174	34:14:00	178	17:33	171	1:00:20	F	40-44	
6/17	Kathy	Mandes					117	15:54	175	1:00:29	F	40-44	
7/17	Nancy	Fisher	106	7:28	154	33:12:00	235	19:56	176	1:00:35	F	40-44	
8/17	Astrid	Kleinsmith	237	10:05	122	32:04:00	227	19:32	191	1:01:40	F	40-44	
9/17	Cornelia	Byrd	135	7:54	199	35:21:00	270	22:05	232	1:05:19	F	40-44	
10/17	Angela	Rugari	207	9:24	22	26:42:00	294	:31:32	246	1:07:37	F	40-44	
11/17	Susan	Morrison	205	9:20	232	37:32:00	261	21:43	250	1:08:34	F	40-44	
12/17	Amy	Craig	255	10:33	228	37:26:00	274	22:16	258	1:10:14	F	40-44	
13/17	Desiree	Reyes	272	11:22	261	40:12:00	248	20:38	271	1:12:11	F	40-44	
14/17	Mary	Tamberrino	280	11:53	275	43:12:00	267	21:55	286	1:16:59	F	40-44	
15/17	Christine	Kernocek	259	10:39	272	41:29:00	287	:25:44	288	1:17:51	F	40-44	
16/17	Maureen	Dalbec	81	7:07	291	52:48:00	189	18:04	290	1:17:58	F	40-44	
17/17	Karleen	Swanlund	293	12:43	288	50:31:00	275	23:09	302	1:26:22	F	40-44	
1/13	Shannon	Semple	116	7:36					99	54:50:00	F	45-49	1st
2/13	Karen	Morgan	87	7:12	112	31:35:00	172	17:22	119	56:08:00	F	45-49	2nd
3/13	Sherry	Brown	180	8:47	109	31:23:00	129	16:07	121	56:16:00	F	45-49	3rd
4/13	JoAnn	Colbert	195	9:11	142	32:41:00	126	16:04	142	57:55:00	F	45-49	
5/13	Maggie	Cmic	137	7:59	126	32:11:00	205	18:33	152	58:42:00	F	45-49	
6/13	Lavonne	Rolincik	189	9:00	202	35:44:00	193	18:10	211	1:02:53	F	45-49	
7/13	Joy	Smith	206	9:20	156	33:18:00	262	21:49	221	1:04:26	F	45-49	
8/13	Carol	Friesen	243	10:12	149	33:01:00	264	21:51	230	1:05:03	F	45-49	
9/13	Colleen	Hoar	197	9:13	227	37:23:00	240	20:16	240	1:06:51	F	45-49	
10/13	Karen	Skelton	289	12:28	249	38:50:00	195	18:15	255	1:09:32	F	45-49	
11/13	Deborah	Dratch	300	13:30	247	38:25:00	185	17:50	256	1:09:44	F	45-49	
12/13	Marion	Butterworth	251	10:23	273	42:42:00	204	18:26	267	1:11:30	F	45-49	
13/13	Danielle	Vagnini	304	16:40	276	43:14:00	259	21:20	296	1:21:13	F	45-49	
1/7	Marcie	Steen	77	7:04	144	32:49:00	131	16:13	118	56:05:00	F	50-54	1st
2/7	Kathy	Manzo	240	10:08	105	31:02:00	77	15:03	120	56:12:00	F	50-54	2nd
3/7	Mary Beth	Stewart	173	8:39	129	32:18:00	258	21:17	199	1:02:13	F	50-54	3rd
4/7	Daria	Todor	267	11:07	193	35:07:00	269	22:01	248	1:08:14	F	50-54	
5/7	Robin	McGuire	262	10:55	248	38:41:00	284	:24:56	281	1:14:31	F	50-54	
6/7	Ellen	Rosen					278	23:29	282	1:14:44	F	50-54	
7/7	Genny	Epstein	302	16:03	251	38:56:00	282	:24:20	293	1:19:18	F	50-54	
1/1	Joanna	Newman	226	9:54	269	41:16:00	290	:26:28	287	1:17:37	F	55-59	1st
1/9	Will	Shearer	34	6:04	33	27:23:00	44	14:15	26	47:42:00	M	10-12	1st
2/9	Jesse	Chopak	271	11:21	8	24:22:00	179	17:39	81	53:21:00	M	10-12	2nd
3/9	Troy	Springer	98	7:21	239	37:45:00	136	16:18	184	1:01:23	M	10-12	3rd
4/9	Benjamin	Samuels	80	7:05	240	37:59:00	207	18:34	217	1:03:37	M	10-12	
5/9	Ryan	Dalbec	162	8:22	278	43:32:00	186	17:58	257	1:09:51	M	10-12	
6/9	Lewis	Millholland	228	9:55	283	47:21:00	196	18:17	284	1:15:32	M	10-12	
7/9	Alex	Davis	253	10:27	282	45:26:00	271	22:05	289	1:17:57	M	10-12	
	Chase	Lopez	177	8:44					DQ	DQ	M	10-12	
	Bobby	Doyle	123	7:45					DQ	DQ	M	10-12	
1/7	Kent	Southern	6	5:05	28	27:05:00	28	13:30	21	45:39:00	M	13-15	1st
2/7	Robert	de Wolff	18	5:29	26	26:48:00	31	13:43	22	45:59:00	M	13-15	2nd
3/7	Jackson	Larkin	103	7:24	36	27:34:00	47	14:20	41	49:17:00	M	13-15	3rd
4/7	Thomas	Ameen	23	5:46	50	28:34:00	81	15:08	42	49:27:00	M	13-15	
5/7	Jeremy	Samuels	33	6:04	66	29:30:00	169	17:12	72	52:45:00	M	13-15	
6/7	Christian	Kleinsmith	176	8:43	245	38:14:00	245	20:33	245	1:07:29	M	13-15	
7/7	Christopher	Cunningham	16	5:27	293	53:39:00	46	14:18	279	1:13:23	M	13-15	

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1/7	Lev	Osinovsky	13	5:25	21	26:24:00	3	11:13	5	43:01:00	M	16-19	1st
2/7	Keith	Salette, Jr.	30	5:58	29	27:16:00	1	10:59	10	44:12:00	M	16-19	2nd
3/7	Matthew	Negard	110	7:31	14	25:45:00	7	11:43	16	44:58:00	M	16-19	3rd
4/7	Matthew	Krawczyk	102	7:24	127	32:15:00	65	14:41	93	54:19:00	M	16-19	
5/7	Tyler	Butterworth	26	5:50	183	34:41:00	97	15:23	112	55:53:00	M	16-19	
6/7	Christopher	Johnson	113	7:33	208	36:10:00	111	15:46	161	59:28:00	M	16-19	
7/7	Andrew	Desbiens	143	8:03	203	35:47:00	239	20:14	218	1:04:03	M	16-19	
1/12	Alexander	Sieke	22	5:45	11	24:32:00	20	12:47	6	43:03:00	M	20-24	1st
2/12	Scott	Henderson	20	5:39	23	26:42:00	18	12:32	14	44:52:00	M	20-24	2nd
3/12	Doran	Bosso	10	5:23	25	26:47:00	19	12:45	15	44:54:00	M	20-24	3rd
4/12	Michael	Grossman	8	5:14	49	28:32:00	13	12:19	23	46:05:00	M	20-24	
5/12	Randy	Carroll	5	5:03	89	30:41:00	16	12:23	28	48:06:00	M	20-24	
6/12	Clayton	Joyner	14	5:26	83	30:19:00	48	14:21	45	50:10:00	M	20-24	
7/12	Tony	Mosburg	9	5:22	78	30:12:00	104	15:31	53	51:04:00	M	20-24	
8/12	Jeffrey	Garozzo	60	6:39	70	29:47:00	89	15:16	61	51:41:00	M	20-24	
9/12	Garrett	Bredenkamp	118	7:36	84	30:21:00	40	14:10	64	52:06:00	M	20-24	
10/12	Brian	Keenan	91	7:15					108	55:20:00	M	20-24	
11/12	Andrew	Mugler	210	9:31	138	32:32:00	29	13:38	110	55:40:00	M	20-24	
12/12	Paul	Thayer	29	5:56	163	33:40:00	143	16:28	116	56:03:00	M	20-24	
1/20	Michael	Harlow	2	4:53	1	21:38:00	2	11:01	1	37:31:00	M	25-29	1 overall
2/20	Evan	Thayer	15	5:26	5	24:04:00	63	14:37	9	44:07:00	M	25-29	1st
3/20	Emory	Land	36	6:06	20	26:19:00	11	12:05	11	44:29:00	M	25-29	2nd
4/20	J.R.	Stratton	92	7:17	9	24:25:00	23	13:04	13	44:45:00	M	25-29	3rd
5/20	Jared	Nieters	220	9:49	4	23:19:00	10	11:55	17	45:02:00	M	25-29	
6/20	Patrick	Reilly	53	6:34	31	27:16:00	4	11:19	18	45:08:00	M	25-29	
7/20	Timothy	McAnany	160	8:19	15	25:52:00	27	13:29	25	47:39:00	M	25-29	
8/20	Ryan	McGeary	1	4:27	53	28:41:00	91	15:17	33	48:24:00	M	25-29	
9/20	Peter	Baker	124	7:47	40	27:48:00	22	13:02	34	48:36:00	M	25-29	
10/20	Brian	Reed	90	7:13	37	27:34:00	35	14:00	35	48:47:00	M	25-29	
11/20	Matthew	Landmeier	54	6:34	99	30:55:00	6	11:29	36	48:57:00	M	25-29	
12/20	Dan	Bui	94	7:20	34	27:25:00	128	16:06	50	50:50:00	M	25-29	
13/20	Benjamin	Butterfield	144	8:06	56	28:58:00	106	15:35	70	52:38:00	M	25-29	
14/20	Jason	Fraser	40	6:09	96	30:49:00	116	15:54	74	52:51:00	M	25-29	
15/20	James	Hernandez	182	8:51	76	30:08:00	43	14:14	80	53:12:00	M	25-29	
16/20	Jeff	Walton	58	6:37	157	33:25:00	79	15:07	105	55:08:00	M	25-29	
17/20	Brian	Henry	163	8:24	104	31:01:00	130	16:07	109	55:31:00	M	25-29	
18/20	David	Buzzard	171	8:37	153	33:11:00	141	16:26	147	58:13:00	M	25-29	
19/20	Perry	Konstas	179	8:46	158	33:26:00	243	20:20	202	1:02:31	M	25-29	
20/20	Eric	Forbes	303	16:22	108	31:18:00	85	15:10	210	1:02:49	M	25-29	
1/25	Brad	Wedemeyer	56	6:36	13	24:51:00	12	12:09	8	43:35:00	M	30-34	1st
2/25	Edison	Picklesimer	38	6:07	24	26:44:00	17	12:26	20	45:16:00	M	30-34	2nd
3/25	Bryson	Monteleone	104	7:24	18	26:10:00	67	14:43	30	48:16:00	M	30-34	3rd
4/25	Antoine	Vagnini	50	6:24	45	28:08:00	57	14:31	37	49:02:00	M	30-34	
5/25	Kurt	Gruell	52	6:33	30	27:16:00	102	15:26	40	49:14:00	M	30-34	
6/25	Tiago	Stock	44	6:17	60	29:09:00	49	14:21	44	49:46:00	M	30-34	
7/25	Shawn	Gorman	142	8:02	39	27:42:00	112	15:50	59	51:33:00	M	30-34	
8/25	Christopher	Tran	115	7:35	61	29:14:00	122	15:59	73	52:47:00	M	30-34	
9/25	Ronnie	Buzzard	125	7:48	103	30:58:00	39	14:06	75	52:51:00	M	30-34	
10/25	Kenneth	Raab	42	6:13	98	30:51:00	114	15:51	76	52:54:00	M	30-34	
11/25	Danny	Hoben	134	7:54	90	30:43:00	55	14:29	79	53:05:00	M	30-34	
12/25	Brian	Bachman	65	6:46	125	32:09:00	101	15:26	94	54:20:00	M	30-34	
13/25	Mike	Cakouros	63	6:43	143	32:44:00	95	15:22	98	54:48:00	M	30-34	
14/25	Michael	Hofheinz	183	8:53	115	31:49:00	60	14:32	106	55:13:00	M	30-34	
15/25	Charles	Shedrick	165	8:28	192	35:07:00	56	14:30	144	58:04:00	M	30-34	
16/25	David	Dixon	149	8:10	204	35:47:00	157	16:44	178	1:00:40	M	30-34	

SUMMER SUPER SPRINT
Manassas, VA
August 13, 2006

Bike Split includes transitions
Finish time includes penalties

RESULTS By
AGE GROUP

Place in Division	First Name	Last Name	Swim Place	Swim Split	Bike Place	Bike Split	Run Place	Run Split	Overall Place	Finish Time	Sex	AGE GROUP	Awards
17/25	Eric	Johnson	276	11:33	190	34:57:00	74	15:00	188	1:01:29	M	30-34	
18/25	Darren	Bennett	239	10:07	176	34:23:00	168	17:10	190	1:01:39	M	30-34	
19/25	Michael	Valverde	286	12:17	141	32:37:00	170	17:18	198	1:02:11	M	30-34	
20/25	James	Griffin	214	9:40	181	34:36:00	203	18:23	204	1:02:38	M	30-34	
21/25	Bradley	Smith	301	13:51	151	33:07:00	113	15:50	208	1:02:47	M	30-34	
22/25	Josh	Bokee	225	9:53	214	36:26:00	201	18:22	223	1:04:40	M	30-34	
23/25	Michael	Nelson	186	8:55	264	40:57:00	138	16:20	236	1:06:11	M	30-34	
24/25	John	Robinette	208	9:28	267	41:04:00	206	18:33	253	1:09:04	M	30-34	
25/25	Charlie	Chandler	285	12:15	287	50:04:00	214	18:54	295	1:21:12	M	30-34	
1/25	Michael	Webster	7	5:12	7	24:22:00	5	11:29	2	41:02:00	M	35-39	2 overall
2/25	Robert	Shearer	79	7:05	6	24:11:00	8	11:53	7	43:08:00	M	35-39	1st
3/25	John	Gilligan	234	10:02	19	26:18:00	9	11:54	29	48:13:00	M	35-39	2nd
4/25	Jeffery	Davis	31	5:59	48	28:13:00	73	14:59	38	49:10:00	M	35-39	3rd (tie)
5/25	Robert	Marzban	108	7:30	38	27:37:00	37	14:04	39	49:10:00	M	35-39	3rd (tie)
6/25	Wayne	Robey	158	8:17	35	27:30:00	54	14:27	46	50:13:00	M	35-39	
7/25	Peter	Wiley	25	5:50	73	29:56:00	86	15:13	52	50:58:00	M	35-39	
8/25	Trevor	Sullins	148	8:09	64	29:18:00	38	14:05	58	51:31:00	M	35-39	
9/25	Chip	Hathaway	105	7:25	91	30:43:00	62	14:33	71	52:40:00	M	35-39	
10/25	Douglas	Drob	68	6:49	65	29:21:00	176	17:31	85	53:40:00	M	35-39	
11/25	Thomas	Harrison	229	9:55	17	25:59:00	190	18:06	89	53:59:00	M	35-39	
12/25	Robert	Greenblatt	73	6:57	113	31:41:00	124	16:01	96	54:38:00	M	35-39	
13/25	Richard	Overkamp	93	7:19	88	30:40:00	155	16:40	97	54:38:00	M	35-39	
14/25	Jason	Hackerson	166	8:32	135	32:27:00	36	14:01	101	54:59:00	M	35-39	
15/25	Greg	Van Patten	119	7:36	128	32:17:00	84	15:10	102	55:02:00	M	35-39	
16/25	Billy	Chism	256	10:34	95	30:48:00	108	15:38	134	56:59:00	M	35-39	
17/25	Andy	Dalal	258	10:39					145	58:10:00	M	35-39	
18/25	Chris	Jordan	146	8:08	117	31:55:00	244	20:25	173	1:00:27	M	35-39	
19/25	Jon	Tucker	264	11:01	107	31:13:00	231	19:42	194	1:01:55	M	35-39	
20/25	Chad	Hochkammer	238	10:06	179	34:26:00	191	18:07	205	1:02:38	M	35-39	
21/25	nader	hadjebi	200	9:14	217	36:46:00	156	16:40	206	1:02:39	M	35-39	
22/25	Robert	Krass	295	12:49	121	32:04:00	192	18:08	213	1:03:00	M	35-39	
23/25	Dane	Lyle	281	11:56	209	36:11:00	164	17:04	231	1:05:10	M	35-39	
24/25	Jeffrey	Syfu	292	12:34	259	39:52:00	229	19:38	269	1:12:03	M	35-39	
25/25	Ramon	Guerrero	305	22:56	289	51:25:00	296	34:43	304	1:49:03	M	35-39	
1/27	Peter	Fraser	35	6:06	12	24:37:00	59	14:32	19	45:14:00	M	40-44	1st
2/27	Mark	Raiford	39	6:08	27	26:48:00	78	15:04	27	47:59:00	M	40-44	2nd
3/27	Alex	Osinovsky	61	6:40	43	27:58:00	30	13:43	31	48:20:00	M	40-44	3rd
4/27	Daniel	Jordan	114	7:34	46	28:08:00	32	13:48	43	49:29:00	M	40-44	
5/27	Gregory	Romero	70	6:56	58	29:01:00	70	14:51	49	50:47:00	M	40-44	
6/27	Paul	Duncan	164	8:25	32	27:22:00	80	15:08	51	50:54:00	M	40-44	
7/27	Jeff	Klioze	28	5:55	55	28:58:00	135	16:14	54	51:06:00	M	40-44	
8/27	Scott	Taylor	172	8:38	51	28:35:00	41	14:12	56	51:24:00	M	40-44	
9/27	Bill	Colbert	130	7:51	62	29:16:00	75	15:01	66	52:07:00	M	40-44	
10/27	Christopher	Highfill	190	9:00					87	53:45:00	M	40-44	
11/27	Dan	Doyle	85	7:10	111	31:33:00	152	16:37	107	55:19:00	M	40-44	
12/27	Timothy	Trayers	140	8:00	146	32:53:00	82	15:09	115	56:01:00	M	40-44	
13/27	Kenneth	Fortes	169	8:35	97	30:50:00	165	17:06	126	56:30:00	M	40-44	
14/27	Brian	Samuels	111	7:32	147	32:58:00	163	17:02	137	57:31:00	M	40-44	
15/27	John	Burke	268	11:10	116	31:52:00	118	15:55	154	58:56:00	M	40-44	
16/27	Tom	LeBerre	213	9:38	139	32:33:00	162	16:56	157	59:06:00	M	40-44	
17/27	Christopher	Catron	252	10:26	170	33:55:00	72	14:53	159	59:13:00	M	40-44	
18/27	Colin	Elliot	46	6:20	188	34:47:00	200	18:21	160	59:27:00	M	40-44	
19/27	Charles	Malloy	260	10:46	145	32:52:00	151	16:35	170	1:00:12	M	40-44	
20/27	Miro	Lehky	147	8:09	118	31:57:00	242	20:19	172	1:00:24	M	40-44	
21/27	James	Toner	45	6:19	164	33:41:00	247	20:36	177	1:00:35	M	40-44	
22/27	Harry	Kromer	277	11:42	160	33:30:00	133	16:13	186	1:01:24	M	40-44	
23/27	Jon	Deuser	203	9:17	219	36:48:00	140	16:24	200	1:02:02	M	40-44	
24/27	Gregory	Reed	188	8:58	233	37:37:00	121	15:59	203	1:02:33	M	40-44	
25/27	Carey	Aliff	269	11:15	218	36:47:00	125	16:03	219	1:04:04	M	40-44	

SUMMER SUPER SPRINT
 Manassas, VA
 August 13, 2006

Bike Split includes transitions
 Finish time includes penalties

RESULTS By
 AGE GROUP

Place in Division	First Name	Last Name	Swim Place	Swim Split	Bike Place	Bike Split	Run Place	Run Split	Overall Place	Finish Time	Sex	AGE GROUP	Awards
26/27	Wade	Blackwell	245	10:15	246	38:18:00	232	19:42	249	1:08:14	M	40-44	
27/27	Bill	Dalbec	216	9:42	268	41:15:00	222	19:19	259	1:10:16	M	40-44	
1/20	David	Taylor	4	5:00	2	23:05:00	14	12:20	4	*42:24:00	M	45-49	3 overall
2/20	Adrian	Stanton	37	6:06	41	27:49:00	26	13:22	24	47:16:00	M	45-49	1st
3/20	Chris	Branigan	95	7:20	52	28:41:00	58	14:31	48	50:31:00	M	45-49	2nd
4/20	Mark	Bayliss	152	8:12	44	28:06:00	87	15:13	57	51:30:00	M	45-49	3rd
5/20	Mark	Rackham	151	8:12	80	30:13:00	25	13:10	60	51:34:00	M	45-49	
6/20	Gary	Fields	184	8:53	57	28:59:00	88	15:14	78	53:05:00	M	45-49	
7/20	Robert	Graver	131	7:51	67	29:36:00	120	15:56	82	53:22:00	M	45-49	
8/20	William	Ameen	187	8:57	42	27:55:00	219	19:13	117	56:04:00	M	45-49	
9/20	Kamyar	Kadivar	227	9:55	86	30:34:00	115	15:52	125	56:20:00	M	45-49	
10/20	Bob	Holm	132	7:52	102	30:57:00	182	17:44	128	56:32:00	M	45-49	
11/20	William	Krouse	263	10:59	75	29:58:00	105	15:35	129	56:32:00	M	45-49	
12/20	Robert	Martinez	212	9:37	131	32:19:00	148	16:33	150	58:28:00	M	45-49	
13/20	Scott	Dratch	246	10:18	173	34:10:00	83	15:10	165	59:37:00	M	45-49	
14/20	David	Ference	101	7:23	186	34:45:00	221	19:19	187	1:01:26	M	45-49	
15/20	Thomas	Savino	291	12:32	212	36:24:00	158	16:45	234	1:05:40	M	45-49	
16/20	Bill	Butterworth	192	9:06	229	37:29:00	237	20:13	238	1:06:47	M	45-49	
17/20	William	Sullivan	211	9:32	257	39:22:00	272	22:05	263	1:10:58	M	45-49	
18/20	Steven	Lelbach	279	11:48	241	38:00:00	277	23:28	278	1:13:15	M	45-49	
19/20	Steven	Botello	274	11:26	270	41:20:00	291	:28:31	297	1:21:16	M	45-49	
20/20	Billy	Douglas	254	10:29	281	45:04:00	293	:29:34	300	1:25:06	M	45-49	
1/5	Daniel	Young	48	6:20	71	29:48:00	90	15:17	55	51:24:00	M	50-54	1st
2/5	Erik	Melis	156	8:16	47	28:09:00	166	17:08	84	53:32:00	M	50-54	2nd
3/5	Muraji	Nakazawa	55	6:36	162	33:39:00	69	14:48	103	55:02:00	M	50-54	3rd
4/5	Bruce	Prescott	297	13:07	69	29:44:00	24	13:04	113	55:54:00	M	50-54	
5/5	Thomas	Novak	136	7:57	136	32:31:00	246	20:36	181	1:01:03	M	50-54	
1/1	Bill	Reichhardt	157	8:16					63	52:01:00	M	55-59	1st
1/2	Stephen	Mandes	284	12:04	263	40:44:00	208	18:34	266	1:11:21	M	60+	1st
2/2	Wesley	Weidemann	283	12:04	234	37:40:00	273	22:13	268	1:11:56	M	60+	2nd