

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
62	334	Peyton Curry	Stafford	VA	12	F	44	4:03	144	19:16:00	18	9:03	62	32:21:00	1
95	311	Brittany Barker	Bristow	VA	11	F	28	3:46	77	17:13:00	171	13:19	95	34:17:00	2
119	396	Emily Lowell	Catlett	VA	12	F	78	4:36	135	18:53:00	134	12:23	119	35:51:00	3
178	350	Sarah Dickson	Arlington	VA	10	F	131	5:12	239	22:53:00	110	11:42	178	39:46:00	
187	469	Alexandra Kugler	Gainesville	VA	10	F	149	5:25	213	21:33:00	163	13:04	187	40:01:00	
203	343	Elise Durusu	Manassas	VA	11	F	133	5:13	181	20:31:00	221	15:02	203	40:45:00	
206	399	Jaelen White	Woodbridge	VA	11	F	94	4:46	229	22:28:00	187	13:58	206	41:11:00	
211	550	Sara Roselius	Gainesville	VA	11	F	239	7:16	236	22:39:00	116	11:53	211	41:48:00	
212	522	Charlotte Smith	Arlington	VA	10	F	207	6:23	238	22:51:00	145	12:39	212	41:53:00	
233	487	MacKenzie Wessling	Fairfax Statio	VA	12	F	188	6:06	260	24:39:00	153	12:49	233	43:33:00	
264	405	Kaylie Benson	Woodbridge	VA	11	F	95	4:48	271	28:43:00	242	16:19	264	49:49:00	
267	472	Danielle Kugler	Leesburg	VA	10	F	201	6:18	266	26:29:00	272	17:29	267	50:15:00	
278	565	Jamie Spiers	Potomac	MD	12	F	270	9:59	269	27:02:00	267	19:10	278	56:10:00	
53	386	Hannah Lowell	Catlett	VA	17	F	75	4:32	47	16:02:00	90	11:16	53	31:48:00	3rd Ov'all
63	307	Hailey Jones	Odenton	MD	14	F	9	3:19	35	15:28:00	183	13:48	63	32:34:00	1
69	575	Emma Nowak	Manassas	VA	13	F	47	4:09	146	19:18:00	29	9:32	69	32:58:00	2
85	465	Samantha Casey	Alexandria	VA	19	F	54	4:15	71	16:55:00	148	12:42	85	33:51:00	3
140	585	Mindy Hall	Pulaski	VA	16	F	206	6:23	196	20:50:00	45	10:03	140	37:15:00	
154	336	Chloe Colligan	Manassas	VA	13	F	20	3:35	219	21:48:00	146	12:41	154	38:03:00	
198	384	Margaret Slocum	Sterling	VA	19	F	100	4:49	120	18:24:00	254	17:13	198	40:25:00	
257	638	Kathryn Johnson	South Riding	VA	13	F	92	4:45	245	23:00:00	266	18:51	257	46:35:00	
68	312	Jane Tschetter	Washington	DC	23	F	22	3:37	73	17:06:00	127	12:16	68	32:58:00	1
125	406	Kimberly Miller	Vienna	VA	23	F	41	4:02	197	20:52:00	98	11:33	125	36:25:00	2
132	345	Jenna Dipaolo	Washington	DC	23	F	45	4:05	128	18:48:00	186	13:54	131	36:46:00	3
131	560	Kari Bowes	Arlington	VA	24	F	192	6:08	142	19:08	107	11:32	132	36:47:00	
144	374	Sarah Bissell	Lynchburg	VA	21	F	139	5:16	141	19:10:00	160	12:57	144	37:22:00	
146	408	Laura Russo	Burke	VA	21	F	114	5:02	211	21:24:00	80	11:05	146	37:30:00	
150	417	Sibylle Sidman	Vienna	VA	24	F	62	4:22	192	20:46:00	150	12:45	150	37:51:00	
152	466	Sara McGanity	Arlington	VA	24	F	156	5:36	136	18:56:00	174	13:26	152	37:57:00	
158	376	Megan Stewart	Richmond	VA	20	F	83	4:41	157	19:36:00	192	14:07	158	38:23:00	
185	601	Courtney Hunter	Sterling	VA	23	F	214	6:36	216	21:34:00	111	11:45	185	39:54:00	
193	438	Christina Micsky	Manassas	VA	22	F	110	4:57	218	21:40:00	179	13:33	193	40:08:00	
240	372	Jessica Milbourne	Lynchburg	VA	22	F	265	9:11	190	20:44:00	206	14:25	240	44:19:00	
241	458	Alexandra Johnson	Hume	VA	21	F	162	5:44	212	21:31:00	252	17:04	241	44:19:00	
243	344	Hannah Johnson	Indianapolis	IN	20	F	194	6:09	237	22:40:00	235	15:39	243	44:27:00	
276	413	Michele Anastasia	Reston	VA	24	F	262	8:57	268	26:48:00	261	18:03	276	53:48:00	
289	352	Yvonka De Ridder	St Petersburg	FL	24	F	220	6:50	185	20:32:00			dnf		
45	327	Brianna Krull	St. James	MD	25	F	15	3:26	31	15:19:00	135	12:24	45	31:07:00	2nd Ov'all
64	429	Laura Schroeder	Woodbridge	VA	28	F	76	4:35	88	17:40:00	54	10:23	64	32:37:00	1
76	310	Ruth Anne Miller	Arlington	VA	28	F	12	3:22	102	17:59:00	124	12:03	76	33:23:00	2
80	513	Suzanne Bell	Baltimore	MD	29	F	136	5:14	124	18:34:00	37	9:51	80	33:38:00	3
88	509	Erin Reilly	Baltimore	MD	29	F	125	5:09	8	13:30:00	227	15:21	88	33:58:00	
96	387	Heidi Schaler	Arlington	VA	26	F	66	4:27	83	17:30:00	133	12:22	96	34:18:00	
101	315	Jennifer Piantedosi	Fairfax	VA	25	F	23	3:42	169	20:04:00	77	11:01	101	34:45:00	
106	530	Gianna Parrott	Fairfax	VA	28	F	148	5:24	127	18:47:00	89	11:14	106	35:24:00	
111	493	Deborah Rothlein	Manassas	VA	29	F	179	5:53	150	19:21:00	52	10:21	111	35:35:00	
115	333	Tricia Piccinino	Annandale	VA	26	F	38	3:58	162	19:46:00	121	12:01	115	35:44:00	
123	462	Kim Bower	Odenton	MD	28	F	140	5:17	117	18:16:00	140	12:34	123	36:06:00	
141	557	Carolyn Pack	Arlington	VA	25	F	222	6:52	118	18:16:00	125	12:09	141	37:16:00	
143	454	Miriam Joy	Fairfax	VA	28	F	97	4:49	200	20:55:00	104	11:37	143	37:20:00	

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
151	373	Julie Brown/burns	Woodbridge	VA	28	F	152	5:32	142	19:12:00	167	13:13	151	37:56:00	
157	542	Michela Chang	Reston	VA	28	F	143	5:19	173	20:16:00	147	12:42	157	38:15:00	
174	590	Vicki Christini	Bronx	NY	27	F	218	6:49	175	20:20:00	136	12:24	174	39:33:00	
183	515	Lien O'Neill	Alexandria	VA	29	F	217	6:49	178	20:25:00	144	12:39	183	39:51:00	
189	551	Sarah Bauer	Warrenton	VA	29	F	155	5:36	152	19:23:00	223	15:07	189	40:05:00	
194	519	Anna Talley	Arlington	VA	28	F	199	6:15	160	19:46:00	196	14:14	194	40:14:00	
196	439	Danielle Carter	Centreville	VA	26	F	161	5:43	156	19:33:00	222	15:03	196	40:17:00	
216	581	Lindsay Paul	Arlington	VA	25	F	167	5:47	243	22:58:00	169	13:18	216	42:02:00	
227	407	Kirsten Adrienne Bin	Arlington	VA	29	F	171	5:48	166	19:54:00	251	16:59	227	42:40:00	
230	570	Alinsha Head	Kensington	MD	29	F	264	9:09	168	20:00:00	200	14:16	230	43:25:00	
237	446	Kai Johnson	Fairfax	VA	28	F	213	6:35	259	24:38:00	139	12:31	237	43:44:00	
254	316	Katherine Reeves	Fredericksburg	VA	27	F	96	4:49	263	25:24:00	234	15:36	254	45:48:00	
255	622	Meg Shreve	Arlington	VA	26	F	226	6:56	255	23:57:00	226	15:12	255	46:05:00	
282	539	Kimberly Sampson	Woodbridge	VA	26	F	278	15:33	154	19:27:00	280	27:17:00	282	1:02:16:00	
288	621	Kristyn Leniart	Reston	VA	29	F	164	5:45	68	16:48:00				dnf	
83	492	Deborah Harris	Washington	DC	30	F	87	4:43	90	17:42:00	93	11:21	83	33:45:00	1
92	452	Lisa Warno	Gaithersburg	MD	33	F	142	5:19	106	18:07:00	71	10:48	92	34:13:00	2
94	331	Jennifer Linko	Oakton	VA	34	F	53	4:14	55	16:13:00	184	13:50	94	34:17:00	3
105	564	Constance MacK	Leesburg	VA	30	F	104	4:53	45	16:00:00	203	14:21	105	35:13:00	
107	600	Chris Becki	Arlington	VA	32	F	198	6:15	95	17:53:00	91	11:19	107	35:26:00	
121	433	Tammy Farmer	Alexandria	VA	34	F	52	4:14	84	17:32:00	199	14:16	121	36:01:00	
130	403	Karen Woody	Alexandria	VA	31	F	135	5:14	147	19:20:00	126	12:11	130	36:43:00	
135	432	Renee Vogel	Washington	DC	32	F	178	5:53	167	19:59:00	81	11:05	135	36:56:00	
155	609	Lynn Biehl	Woodbridge	VA	30	F	215	6:36	164	19:52:00	106	11:37	155	38:04:00	
165	541	Martha Beltran	Arlington	VA	34	F	158	5:40	226	22:23:00	63	10:42	165	38:44:00	
167	447	Kathleen Tepas	Potomac	MD	33	F	99	4:49	227	22:26:00	107	11:38	167	38:52:00	
191	398	Heather Sullivan-Cli	Silver Spring	MD	34	F	137	5:14	107	18:07:00	248	16:47	191	40:07:00	
222	357	Nancy Czenas	Herndon	VA	34	F	48	4:09	250	23:30:00	214	14:51	222	42:28:00	
234	537	Kelli Braff	Fairfax	VA	34	F	232	7:07	246	23:08:00	172	13:20	234	43:34:00	
235	540	Lucia Verrier	Vienna	VA	31	F	210	6:30	188	20:40:00	246	16:26	235	43:35:00	
238	473	Holly Duke	Hillsborough	NC	33	F	195	6:09	233	22:35:00	228	15:26	238	44:10:00	
249	633	Jenny Cowherd	Washington	DC	34	F	236	7:14	257	24:26:00	168	13:16	249	44:55:00	
256	448	Katie Wilcox	Gainesville	VA	30	F	202	6:20	220	21:53:00	262	18:08	256	46:20:00	
262	475	Jennifer Barnett	Dumfries	VA	30	F	82	4:41	262	25:09:00	271	19:45	262	49:34:00	
285	619	Vania McBean	Washington	DC	34	F	279	16:08	274	30:21:00	278	23:15	285	1:09:24:00	
41	634	Doreen Chemotti	Bristow	VA	36	F	80	4:40	40	15:35:00	57	10:29	41	30:43:00	1st Ov'all
60	491	Corinne Moriatis	Ashburn	VA	37	F	190	6:06	42	15:43:00	51	10:20	60	32:08:00	1
72	377	Cris Howard	McLean	VA	38	F	77	4:36	92	17:45:00	67	10:45	72	33:04:00	2
89	424	Stephanie Brinley	Manassas	VA	39	F	118	5:04	96	17:56:00	79	11:04	89	34:03:00	3
103	426	Carol Rice	Gainesville	VA	36	F	126	5:09	115	18:14:00	97	11:29	103	34:51:00	
108	602	Jill Buxbaum	Arlington	VA	36	F	128	5:09	126	18:45:00	100	11:34	108	35:27:00	
139	388	Kari Cassidy	Manassas	VA	36	F	119	5:06	151	19:23:00	149	12:42	139	37:10:00	
145	418	Sonja Frueh	Alexandria	VA	37	F	60	4:21	207	21:09:00	117	11:56	145	37:24:00	
156	450	Kristen Komer	Alexandria	VA	35	F					108	11:40	156	38:12:00	
163	543	Nicki Phillips	Alexandria	VA	38	F	113	5:01	182	20:31:00	164	13:05	163	38:35:00	
164	394	Debbie Weitzman-Ward	Bristow	VA	38	F	177	5:50	174	20:16:00	141	12:35	164	38:40:00	
166	397	Heather Manzo	Bristow	VA	35	F	234	7:09	189	20:42:00	75	10:58	166	38:49:00	
176	525	Cindy Deneault	Laplata	MD	38	F	183	5:56	108	18:08:00	236	15:39	176	39:42:00	
177	395	Dianna Roark	Draper	VA	39	F	85	4:42	194	20:48:00	198	14:16	177	39:45:00	
180	378	Joanna Smith	Leesburg	VA	36	F	115	5:02	159	19:45:00	220	15:01	180	39:47:00	

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
188	591	Yoko Linam	Reston	VA	35	F	259	8:49	216	21:33	33	9:44	188	40:05:00	
207	558	Ellen Schein	Potomac	MD	38	F	173	5:49	202	20:59:00	209	14:31	207	41:18:00	
219	605	Nadine Kaiser	Centreville	VA	38	F	212	6:35	221	21:55:00	181	13:45	219	42:13:00	
220	464	Nancy Gordon	Ashburn	VA	36	F	102	4:51	253	23:33:00	185	13:54	220	42:17:00	
232	502	Tara Kerns	Gainesville	VA	37	F	145	5:21	235	22:38:00	231	15:33	232	43:31:00	
239	608	Teresa Freeman	Oakton	VA	38	F	159	5:41	234	22:36:00	240	15:58	239	44:14:00	
251	521	Bonnie Layton	Hampton	VA	39	F	275	10:49	109	18:08:00	244	16:20	251	45:16:00	
268	578	Julie Collier	Falls Church	VA	37	F	256	8:35	264	25:45:00	245	16:24	268	50:44:00	
286	613	Tracy Sinclair	Columbia	MD	36	F	280	16:24	276	32:08:00	279	25:52:00	286	1:14:23:00	
291	572	Beth Blankenship	Reston	VA	37	F								dnf	
65	362	Kristen Blascovich	Ashburn	VA	43	F	25	3:43	111	18:10:00	68	10:48	65	32:40:00	1
73	579	Kelly Dicarlo	Chantilly	VA	41	F	91	4:44	100	17:58:00	55	10:23	73	33:05:00	2
79	449	Keli Bedics	Arlington	VA	40	F	160	5:42	33	15:25:00	138	12:29	79	33:35:00	3
97	471	Barbara Wigle	Centreville	VA	42	F	169	5:47	121	18:27:00	47	10:07	97	34:20:00	
120	506	Beth Davidson	Rockville	MD	43	F	122	5:07	82	17:28:00	170	13:19	120	35:53:00	
128	389	Tracy Endo	Sterling	VA	43	F	153	5:33	81	17:21:00	180	13:44	128	36:37:00	
147	463	Kimberly Connolly	Ashburn	VA	41	F	111	4:58	187	20:37:00	120	11:59	147	37:33:00	
148	444	Jennifer Jones	Odenton	MD	42	F	163	5:44	140	19:03:00	157	12:53	148	37:39:00	
159	460	Dianne Falk	Haymarket	VA	41	F	107	4:53	155	19:32:00	189	14:04	159	38:28:00	
161	497	Kay Bostjanick	Manassas	VA	43	F	175	5:50	165	19:52:00	155	12:51	161	38:32:00	
168	583	Martie Poulin	Ashburn	VA	40	F	176	5:50	161	19:46:00	175	13:27	168	39:02:00	
169	556	Annette Bobby	Reston	VA	40	F	181	5:54	184	20:32:00	151	12:45	169	39:10:00	
173	363	Susan Boswell	Jessup	MD	44	F	141	5:18	209	21:18:00	159	12:56	173	39:32:00	
175	582	Loretta Prencipe	Alexandria	VA	44	F	193	6:09	132	18:50:00	210	14:37	175	39:34:00	
181	538	Kimberly Gabaldon	Ashburn	VA	40	F	263	9:08	113	18:13:00	137	12:28	181	39:48:00	
184	531	Hilarie Chambers	Arlington	VA	42	F	154	5:34	217	21:40:00	143	12:38	184	39:51:00	
190	476	Jyothi Rao Mahadevia	Clarksville	MD	40	F	224	6:55	153	19:25:00	182	13:48	190	40:07:00	
192	567	Audra Cherbonnier	Easton	MD	42	F	237	7:15	105	18:03:00	215	14:51	192	40:08:00	
195	456	Suzanne Rapcavage	Woodbridge	VA	42	F	67	4:28	214	21:33:00	201	14:17	195	40:17:00	
205	516	Mary Beth Greason	Ashburn	VA	41	F	253	8:03	204	21:03:00	118	11:57	205	41:02:00	
221	507	Andrea Harrison	Centreville	MD	43	F	197	6:15	223	22:04:00	190	14:06	221	42:24:00	
224	488	Kathy Moston	Manassas	VA	44	F	221	6:50	170	20:05:00	233	15:35	224	42:29:00	
226	353	Yvonne De Ridder	St Petersburg	FL	44	F	248	7:46	145	19:12:00	237	15:40	226	42:37:00	
231	480	Mona Shroff	Columbia	MD	40	F	238	7:16	208	21:17:00	218	14:59	231	43:31:00	
236	486	Julie Wessling	Fairfax Statio	VA	41	F	204	6:21	258	24:27:00	156	12:52	236	43:39:00	
244	511	Karen Offringa	Alexandria	VA	41	F	219	6:50	230	22:32:00	224	15:09	244	44:31:00	
265	563	Cindy Spiers	Potomac	MD	44	F	245	7:39	222	22:02:00	272	20:30	265	50:10:00	
270	505	Amy Dillard	Alexandria	VA	41	F	269	9:54	247	23:17:00	259	17:47	270	50:57:00	
272	610	Nena Rogers	Woodbridge	VA	42	F	276	12:30	254	23:36:00	239	15:49	272	51:54:00	
275	442	Ellen Kugler	Leesburg	VA	42	F	180	5:54	272	29:25:00	258	17:28	275	52:46:00	
279	604	Mia Ruggles	Manassas	VA	44	F	277	12:50	266	25:54:00	268	19:17	279	58:00:00	
59	423	Linda Fertal	Oakton	VA	45	F	186	5:59	57	16:18:00	34	9:48	59	32:04:00	1
61	364	Rhoda Murtagh	Winchester	VA	47	F	73	4:30	37	15:29:00	129	12:17	61	32:15:00	2
153	385	Susan Somersall	Leesburg	VA	45	F	103	4:51	87	17:37:00	232	15:34	153	38:01:00	3
202	430	Leslie Koenig	Leesburg	VA	46	F	185	5:57	176	20:21:00	207	14:26	202	40:43:00	
208	529	Elizabeth Fuhrman	Silver Spring	MD	46	F	157	5:38	242	22:56:00	154	12:50	208	41:22:00	
229	528	Dee Shupe	Purcellville	VA	47	F	235	7:13	203	20:59:00	225	15:11	229	43:22:00	
260	623	Contance Christakos	Alexandria	VA	47	F	243	7:32	249	23:22:00	260	17:56	260	48:48:00	
271	593	Maureen Rudell	Smithsburg	MA	48	F	227	6:57	248	23:21:00	274	20:57	271	51:14:00	
71	379	Karen Vahouny	Springfield	VA	52	F	93	4:45	97	17:58:00	53	10:21	71	33:03:00	1

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
98	625	Diane Gainey	Davidsonville	MD	53	F	189	6:06	61	16:28:00	115	11:53	98	34:26:00	2
127	628	Margaret Smith	Manassas	VA	51	F	150	5:27	50	16:06:00	219	14:59	127	36:32:00	3
217	594	Suzanne Shaw	Alexandria	VA	54	F	267	9:28	110	18:09:00	208	14:29	217	42:05:00	
263	592	Paula Clagett	Leesburg	VA	50	F	272	10:06	241	22:55:00	249	16:48	263	49:49:00	
283	445	Joy Smith	Woodbridge	VA	51	F	166	5:46	277	36:46:00	275	21:03	283	1:03:34:00	
93	409	Mary Rohde	Davidsonville	MD	56	F	79	4:37	78	17:16:00	132	12:22	93	34:14:00	1
204	496	Judy Russo	Burke	VA	57	F	228	6:57	199	20:54:00	161	12:58	204	40:48:00	2
214	577	Jennifer Russell	Wye Mills	MD	58	F	211	6:32	129	18:48:00	247	16:38	214	41:57:00	3
215	589	Theodora Blandy	Queenstown	MD	59	F	242	7:25	114	18:14:00	243	16:20	215	41:57:00	
252	354	Beth Maline	Herndon	VA	55	F	121	5:06	193	20:47:00	269	19:27	252	45:19:00	
261	523	Christina Burrell	Capitol Height	MD	56	F	260	8:52	265	25:49:00	193	14:10	261	48:50:00	
274	535	Judy James	Fairfax	VA	59	F	248	7:48	270	27:23:00	250	16:58	274	52:07:00	
280	598	Arnetta Davis	Washington	DC	56	F	281	16:58	251	23:32:00	265	18:22	280	58:50:00	
242	586	Patricia Kirby	Stevensville	MD	64	F	247	7:46	143	19:12:00	257	17:27	242	44:24:00	1
246	481	Pam Thornton	Herndon	VA	63	F	233	7:07	180	20:28:00	255	17:13	246	44:48:00	2
284	629	Mary Stanley	Haymarket	VA	61	F	282	17:34	273	29:29:00	276	21:22	284	1:08:25:00	3
56	359	David Roberts	Woodbridge	VA	12	M	151	5:32	49	16:04:00	56	10:25	56	32:00:00	1
58	347	Mark Fertal	Oakton	VA	12	M	70	4:29	86	17:36:00	41	9:57	58	32:01:00	2
86	434	Conner Salisbury	Lorton	VA	12	M	105	4:53	139	19:02:00	43	10:00	86	33:54:00	3
114	436	Michael Salisbury	Lorton	VA	10	M	112	5:00	158	19:40:00	78	11:02	114	35:41:00	
124	382	Jared Koenig	Leesburg	VA	10	M	65	4:25	186	20:36:00	95	11:23	124	36:22:00	
210	571	Anthony Frank	Woodbridge	VA	12	M	230	7:00	210	21:24:00	173	13:25	210	41:47:00	
223	639	Graham Johnson	South Riding	VA	10	M							223	42:28:00	
225	504	Zach White	Richmond	VA	12	M	244	7:35	191	20:45:00	195	14:13	225	42:32:00	
1	303	Thomas Marlowe	Apo	AE	15	M	3	3:06	6	13:21:00	6	8:25	1	24:51:00	1st Ov'all
3	304	Dylan Morgan	Fairfax Statio	VA	14	M	6	3:14	16	14:38:00	4	8:03	3	25:55:00	3rd Ov'all
26	314	Jake Koenig	Leesburg	VA	14	M	7	3:17	76	17:09:00	12	8:52	26	29:17:00	1
35	328	Chris Fertal	Oakton	VA	14	M	11	3:22	64	16:34:00	48	10:09	35	30:04:00	2
55	415	Reese Shaw	Alexandria	VA	14	M	58	4:19	60	16:26:00	87	11:11	55	31:56:00	3
162	580	Kevin Poulin	Ashburn	VA	13	M	187	6:01	112	18:10:00	205	14:22	162	38:33:00	
170	485	Hayden Towler	Woodbridge	VA	14	M	196	6:12	225	22:21:00	64	10:42	170	39:14:00	
7	313	Kevin Wright	Oak Hill	VA	19	M	17	3:27	21	14:49:00	5	8:07	7	26:22:00	1
12	330	Eric Flanagan	Fairfax	VA	18	M	5	3:13	59	16:24:00	1	7:30	12	27:06:00	2
21	381	Curtis Khol	Vienna	VA	16	M	69	4:29	38	15:32:00	9	8:36	21	28:36:00	3
22	302	Randy Mitchell	Leesburg	VA	17	M	8	3:17	69	16:51:00	11	8:49	22	28:56:00	
31	635	Russel Fielding	Herndon	VA	19	M	165	5:46	46	16:01:00	3	7:54	31	29:40:00	
110	548	Robert Clagett	Leesburg	VA	19	M	144	5:20	171	20:10:00	46	10:04	110	35:33:00	
8	631	Phillip Howard	Poolesville	MD	23	M	55	4:16	10	13:41:00	7	8:34	8	26:30:00	1
10	338	Timothy Maline	Herndon	VA	20	M	29	3:47	14	14:31:00	8	8:34	10	26:51:00	2
13	630	Andrew Howard	Poolesville	MD	24	M	63	4:24	7	13:24:00	28	9:31	13	27:18:00	3
25	390	Zach Rozen	Washington	DC	23	M	39	3:59	44	15:55:00	24	9:23	25	29:16:00	
42	367	Trevor Dawes	Falls Church	VA	20	M	33	3:52	32	15:24:00	96	11:27	42	30:43:00	
70	324	Thomas Fay	Oak Hill	VA	21	M	37	3:58	116	18:16:00	72	10:51	70	33:03:00	
84	501	Stephen Coaker	Fairfax Statio	VA	21	M	124	5:07	131	18:50:00	38	9:51	84	33:47:00	
91	402	Justin Fabian	Reston	VA	24	M	134	5:13	75	17:08:00	113	11:48	91	34:09:00	
171	611	Robert McCusker	Ashburn	VA	23	M	130	5:10	232	22:35:00	101	11:34	171	39:17:00	
245	427	Colin Somersall	Leesburg	VA	20	M	129	5:09	261	24:42:00	213	14:51	245	44:41:00	
248	569	Ryan Colley	Washington	DC	23	M	255	8:30	224	22:10:00	197	14:15	248	44:54:00	
9	300	Ben Danforth	Arlington	VA	29	M	1	3:04	53	16:09:00	2	7:37	9	26:49:00	1
11	306	Grant Wasch	Fairfax	VA	27	M	4	3:08	15	14:32:00	22	9:18	11	26:57:00	2

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
16	318	Mike Kelly	Leesburg	VA	25	M	2	3:04	20	14:49:00	44	10:01	16	27:53:00	3
24	369	Daniel Todd	Washington	DC	29	M	120	5:06	24	14:57:00	20	9:11	24	29:12:00	
38	358	Jeffrey Garozzo	Fairfax	VA	26	M	43	4:02	43	15:52:00	59	10:32	38	30:25:00	
40	410	Matthew Williams	Falls Church	VA	27	M	51	4:13	65	16:36:00	35	9:49	40	30:37:00	
48	361	Hao Liang	McLean	VA	27	M	46	4:07	66	16:42:00	66	10:44	48	31:31:00	
54	425	Brian Hong	Vienna	VA	25	M	59	4:20	79	17:16:00	49	10:16	54	31:51:00	
74	370	Derek Kasse	Woodbridge	VA	28	M	40	4:01	122	18:28:00	69	10:48	74	33:16:00	
87	400	Jeffrey Fissel	Reston	VA	25	M	30	3:49	85	17:33:00	149	12:33	87	33:55:00	
90	317	Rich Korb	Frederick	MD	26	M	10	3:21	99	17:58:00	152	12:46	90	34:04:00	
112	355	Saif Rehman	Fairfax	VA	28	M	229	6:59	70	16:52:00	114	11:50	112	35:40:00	
122	555	William Talley	Arlington	VA	28	M	241	7:24	94	17:52:00	70	10:48	122	36:03:00	
126	546	Raymond Mahoney	Burke	VA	29	M	109	4:55	195	20:50:00	65	10:43	126	36:27:00	
149	554	Tiziano Devescovi	Sterling	VA	29	M	64	4:24	183	20:32:00	158	12:56	149	37:51:00	
172	517	Abraham Lleva	Alexandria	VA	27	M	191	6:06	163	19:51:00	177	13:29	172	39:25:00	
182	484	Trevor Thibeault	Burke	VA	28	M	209	6:26	179	20:25:00	162	12:59	182	39:49:00	
253	547	Richard Joy	Fairfax	VA	28	M	258	8:42	215	21:33:00	229	15:29	253	45:43:00	
266	561	Walter English	Alexandria	VA	27	M	254	8:11	228	22:27:00	270	19:35	266	50:12:00	
5	337	Andrew Greve	Mathews	VA	33	M	31	3:51	3	13:15:00	19	9:08	5	26:13:00	1
28	309	Michael Piccinino	Baltimore	MD	31	M	14	3:24	25	15:00:00	84	11:08	28	29:30:00	2
29	365	Dave Witkowski	Oakton	VA	34	M					30	9:37	29	29:37:00	3
32	393	Charles Shedrick	Arlington	VA	33	M	42	4:02	36	15:29:00	50	10:16	32	29:45:00	
49	341	Dave Roberts	Fairfax	VA	32	M	72	4:30	39	15:33:00	105	11:37	49	31:38:00	
57	498	Michael Henderson	Washington D.C	DC	34	M					14	8:58	57	32:01:00	
66	441	David Crosby	Falls Church	VA	34	M	106	4:53	80	17:17:00	60	10:36	66	32:44:00	
78	308	Joel Thomas	Arlington	VA	32	M	16	3:26	130	18:49:00	92	11:21	78	33:34:00	
82	360	Eric Keehan	Woodbridge	VA	32	M	74	4:31	98	17:58:00	85	11:11	82	33:39:00	
100	595	Ben Kester	Washington	DC	31	M	205	6:22	85	17:35:00	61	10:39	100	34:34:00	
104	527	David Whiting	Ashburn	VA	32	M	250	7:53	26	15:01:00	119	11:58	104	34:51:00	
137	512	Ryan Hilt	Woodbridge	VA	32	M	225	6:56	72	17:00:00	166	13:09	137	37:03:00	
209	477	Majed Saadi	McLean	VA	32	M	240	7:19	134	18:53:00	230	15:30	209	41:41:00	
250	568	Richard Eagles	Leesburg	VA	32	M	249	7:53	231	22:33:00	211	14:41	250	45:06:00	
281	606	Paul McBean	Washington	DC	31	M	283	19:02	252	23:33:00	263	18:14	281	1:00:48:00	
2	321	David Rauser	Bristow	VA	36	M	18	3:31	2	12:49:00	21	9:12	2	25:31:00	2nd Ov'all
4	305	Edison Picklesimer	Herndon	VA	36	M	21	3:36	9	13:33:00	17	9:02	4	26:11:00	1
15	351	Steven Ablondi	Sterling	VA	38	M	71	4:30	4	13:18:00	33	9:48	15	27:35:00	2
18	371	Jeff Davis	Fairfax	VA	39	M	24	3:42	27	15:02:00	23	9:19	18	28:02:00	3
19	549	Rodrigo Garcia	Centreville	VA	35	M	68	4:29	22	14:54:00	10	8:48	19	28:09:00	
20	329	Daemon Morrell	Haymarket	VA	37	M	19	3:35	19	14:48:00	36	9:50	20	28:12:00	
30	339	Bruce Hardy	Ashburn	VA	38	M	13	3:23	23	14:55:00	94	11:22	30	29:39:00	
33	325	Antoine Vagnini	Bethesda	MD	35	M	27	3:45	29	15:04:00	86	11:11	33	30:00:00	
43	470	Andrew Walker	Great Falls	VA	36	M	101	4:50	63	16:32:00	25	9:23	43	30:44:00	
52	342	Edward Ryan	Herndon	VA	36	M	35	3:56	67	16:45:00	82	11:05	52	31:46:00	
75	468	Jeff Burnside	Arlington	VA	36	M	170	5:48	123	18:32:00	15	8:59	75	33:17:00	
81	612	Todd Davis	Alexandria	VA	38	M	168	5:47	58	16:20:00	99	11:33	81	33:38:00	
109	467	Jayson Smith	Ashburn	VA	36	M	172	5:48	133	18:53:00	74	10:53	109	35:33:00	
117	435	Keith Salisbury	Lorton	VA	39	M	56	4:17					117	35:46:00	
133	603	Lee Kaiser	Centreville	VA	39	M	208	6:25	119	18:23:00	123	12:01	133	36:48:00	
179	420	Ranjit Singh	Washington	DC	39	M	61	4:21	206	21:06:00	202	14:21	179	39:47:00	
186	584	Michael Deneault	Laplata	MD	39	M	257	8:36	93	17:52:00	176	13:28	186	39:54:00	
197	574	Donald Whiting	Leesburg	VA	37	M	246	7:42	101	17:59:00	212	14:44	197	40:24:00	

Place	NO.	NAME	CITY	ST	Age	Sex	swim place	swim	bike place	bike	run place	run	Ov'all place	Finish time	PLACE
14	319	Matthew Colton	Winchester	VA	42	M	32	3:52	17	14:47:00	13	8:54	14	27:32:00	1
23	632	Pat Scannell	Leesburg	VA	40	M					26	9:27	23	29:04:00	2
27	348	Mark Raiford	Amissville	VA	44	M	34	3:53	28	15:03:00	58	10:31	27	29:26:00	3
37	356	Kelly Jones	Annandale	VA	43	M	49	4:10	12	14:25:00	112	11:48	37	30:22:00	
39	391	David Moston	Manassas	VA	42	M	123	5:07	13	14:29:00	76	11:00	39	30:35:00	
46	411	Michael Densley	Arlington	VA	43	M	132	5:12	51	16:07:00	40	9:56	46	31:13:00	
50	419	Stefan Mandanis	Ashburn	VA	42	M	89	4:43	56	16:17:00	62	10:42	50	31:41:00	
99	599	Benedict Eu	Columbia	MD	40	M	261	8:52	41	15:38:00	42	9:59	99	34:28:00	
113	545	Peter Len	Springfield	VA	43	M	88	4:43	138	18:58:00	122	12:01	113	35:41:00	
118	401	Jon Tucker	Ashburn	VA	40	M	127	5:09	74	17:08:00	178	13:30	118	35:46:00	
116	428	David Goldberg	Rockville	MD	41	M	98	4:49	149	19:21:00	103	11:36	116	35:46:00	
134	614	Sung Choi	Clinton	MD	44	M	268	9:33					134	36:54:00	
138	637	Dan Hobbs	Woodbridge	VA	42	M	174	5:49	125	18:38:00	142	12:37	138	37:03:00	
199	490	Clay Thomas	Lorton	VA	43	M	266	9:13	137	18:56:00	130	12:18	199	40:27:00	
200	526	David Hickey	Falls Church	VA	42	M	146	5:22	148	19:20:00	238	15:48	200	40:29:00	
218	443	Gary Kugler	Gainesville	VA	40	M	116	5:02	256	24:05:00	165	13:06	218	42:11:00	
258	514	Todd Blondin	Haymarket	VA	44	M	274	10:23	244	22:58:00	194	14:13	258	47:34:00	
269	392	Bruce Benson	Woodbridge	VA	40	M	50	4:11	275	30:28:00	241	16:18	269	50:55:00	
277	607	Sonnie Cuffey	Bristow	VA	44	M	273	10:23	267	26:34:00	256	17:16	277	54:12:00	
287	624	David Simms	Arlington	VA	42	M	147	5:23						dnf	
6	322	Kevin Shaw	Alexandria	VA	48	M	36	3:57	5	13:18:00	16	9:01	6	26:16:00	1
17	366	Martin Fertal	Oakton	VA	48	M	57	4:18	11	13:59:00	31	9:44	17	28:00:00	2
34	380	Mark Bayliss	Winchetser	VA	49	M	117	5:03	30	15:05:00	39	9:53	34	30:01:00	3
36	437	Richard Hartley	Annandale	VA	45	M	138	5:15	34	15:26:00	27	9:30	36	30:11:00	
47	416	Richard Jones	Odenton	MD	47	M	108	4:55	18	14:48:00	102	11:36	47	31:18:00	
51	431	Page Gravely	Middleburg	VA	48	M	84	4:42	54	16:13:00	73	10:51	51	31:44:00	
142	566	Neil Hamblin	Stafford	VA	45	M	203	6:20	145	19:17:00	109	11:42	142	37:18:00	
201	459	Daniel Lisbon	Glen Allen	VA	45	M	252	7:54	177	20:23:00	128	12:17	201	40:33:00	
273	483	Steven Botello	Manassas	VA	49	M	231	7:03	240	22:54:00	277	22:06	273	52:02:00	
44	375	Daniel Mondloch	Springfield	VA	51	M	81	4:40	62	16:30:00	32	9:45	44	30:54:00	1
102	414	Nezih Durusu	Manassas	VA	51	M	90	4:44	52	16:08:00	188	14:00	102	34:51:00	2
160	489	Butch Bernier	Alexandria	VA	53	M	182	5:54	89	17:41:00	216	14:54	160	38:28:00	3
228	451	Lee Luna	Manassas	VA	51	M	251	7:54	198	20:53:00	204	14:21	228	43:07:00	
247	482	Roger Whitworth	District Hts.	MD	54	M	223	6:53	201	20:56:00	253	17:05	247	44:53:00	
67	326	Dennis Hays	Reston	VA	55	M	26	3:44	103	18:00:00	88	11:13	67	32:56:00	1
77	383	Joe Maline	Herndon	VA	56	M	86	4:43	91	17:43:00	83	11:06	77	33:31:00	2
259	500	Paul Wilcox	Gainesville	VA	57	M	271	10:03	172	20:12:00	264	18:17	259	48:31:00	3
136	412	Michael Smith	Reston	VA	61	M	184	5:56	48	16:02:00	217	14:59	136	36:56:00	1
213	503	William James	Fairfax	VA	62	M	216	6:45	205	21:04:00	191	14:06	213	41:55:00	2
129	453	Michael Williams	Leesburg	VA	65	M	200	6:17	104	18:02:00	131	12:21	129	36:39:00	1